



Talk to a doctor or therapist by **phone or video**

UnitedHealthcare Student Resources and HealthiestYou have partnered together to provide access to doctors and mental healthcare from anywhere you are, even while traveling internationally.* All services are free for students covered under the UHCSR insurance plan; services are available for all other students for a fee, as noted below.

For the 2026-27 policy year, from the HealthiestYou app or website, you can get:

General Medical

Talk to a licensed doctor 24/7 by phone or video from anywhere

\$0 for UHCSR student
Discounted rate for non-UHCSR student

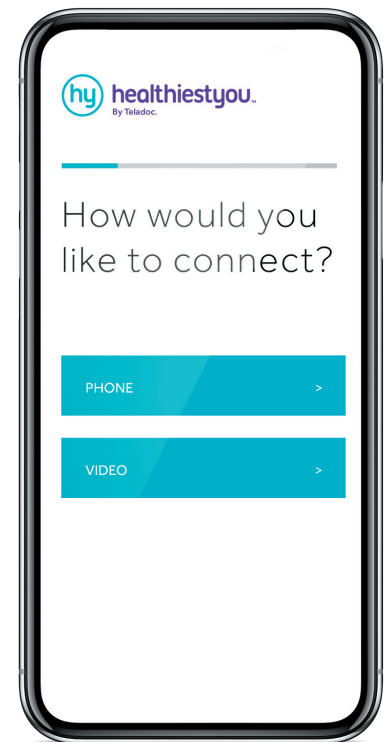
Mental Health

Choose a therapist and schedule an appointment by phone or video 7 days a week (7 a.m. to 9 p.m.)

Therapist
\$0 for UHCSR student
Discounted rate for non-UHCSR student

Psychiatrist
\$0 for UHCSR student
Discounted rate for non-UHCSR student

*Relationship must be established with a provider in the U.S. prior to traveling internationally.





How to register in three simple steps:

- 1 First, Students can register for HealthiestYou by visiting telehealth4students.com. This link can also be found in My Account by clicking on the telehealth support card under Additional Benefits.
- 2 Next, Students will need to provide their first and last name, DOB, and one of the identifying ID numbers listed below, then hit next.
- 3 Once the student is identified, you can select your name and hit next, this will prompt you to create the account and select a password for future use.

Welcome Students!

SAY GOODBYE TO WAITING ROOMS. With HealthiestYou, you can connect with a doctor on YOUR SCHEDULE, even from the comfort of YOUR SOULS!

24/7 DOCTOR ACCESS WITH FREE UNLIMITED CONSULTATIONS! Our doctors can help with a diagnosis, treatment, and prescription anytime, anywhere.

healthiestyou.
By Teladoc

Register

Enrolled as * * Required
Student

Primary member's first name *
Please enter first name

Primary member's last name *
Please enter last name

Primary member's date of birth *
Please enter date of birth

Student, School, Student resources, CHS ID or SACH ID *
Please enter ID

Not a covered student? Tap here to create a pay-per-visit membership

Cancel Next

Eligible members

We've found 1 matching eligible members. Please let us know who you are:

[Redacted Name]

Cancel Next

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Create Account

Email address * * Required
Please enter email

Phone Number
Please enter phone number

New Password *
Please enter new password

Verify New Password *
Please enter new password

Accept "Terms of Service"

Accept "Notice of Privacy Practices"

If the phone number is a mobile number, we will send you alerts and updates by text message. These can be turned off in your account settings. Standard text messaging data and data rates from your carrier may apply.

Cancel Next

Download the app. Get care when you need it.

Call 855-870-5858 | Download the app  

